

Sarah Jeanne Stahlke

April 5, 1962 - August 7, 2024

Surrounded by the love of her family, Sarah Jeanne Stahlke passed peacefully from this life on Wednesday, August 7, 2024.

Left with a lifetime of memories are her beloved children Chloe Wall, Olivia Wall (Blake Fallis), and Adam Wall, and their father, Dan Wall. Her legacy lives on through her sweet grandson, Owen, the light of her life. Sarah will be deeply missed by her father, Lester Stahlke (Judy Bauer), sister Mary Stahlke Schuurman (Tim Schuurman), and brothers Thom Stahlke (Sherry) and Paul Stahlke (Kim), and her extended family. Sarah was predeceased by her mother, Paula Stahlke, in 2001.

Sarah lived her life to the fullest. Filled with curiosity and a thirst for adventure, she was a sociologist, a tenured professor, a commercial pilot, and a registered nurse. She was an Ironman triathlete, and she loved exploring nature, open-water swimming, cycling, hiking, camping, and traveling. Each of Sarah's interests reflected a different aspect of her personality: she loved exploring places, ideas, and theories, challenging herself, and effecting change in people and organizations. Always one to embrace challenges, Sarah accomplished many outstanding feats in her life. Tragically, her time was cut short before she could realize more of her dreams and aspirations.

Sarah had a keen sense of social justice, and she believed strongly that people should uplift others. In her eyes, everyone had an innate wisdom that could guide them; she was skilled at fostering people's belief in themselves. She treasured her close friendships and the relationships she made with people from all walks of life.

We will be commemorating Sarah's life on Monday, August 19 at 3:00 pm at the Diwan Pavilion, Aga Khan Garden at the University of Alberta Botanic Gardens ([5 km north of Devon on Hwy 60](#)). All who knew Sarah or her family are welcome.

Sarah was a lifelong learner who loved to mentor and support others in their development. In lieu of flowers, donations may be made to the "Dr. Sarah Stahlke Memorial Graduate Award in Sociology" at the University of Alberta (uabgive.ca/tribute) or to Doctors Without Borders (action.msf.ca).

"Go confidently in the direction of your dreams! Live the life you've imagined." - Henry David Thoreau